

LOCAL Wellness Policy Assessment Form

School Building: Maddlock School Date: 8/12/24
 Committee Chair: Ben Allmaras

Each school will conduct at least a triennial review of the Wellness Policy to measure the building's consistency with the policy throughout the school district. The review will be completed by the principal with input from students, teachers and staff and will serve as the basic compliance assessment. Assessments will be reviewed by the Superintendent and the district Wellness Committee.

A required component of the assessment is how the current wellness policy compares to model wellness policies. Indicate the model policy language that the local wellness policy uses:

- ☒ ND School Board Assoc.
☐ Alliance for a Healthier Gen.
☐ Natl Alliance for Nut. & Act.
☐ CDC School Wellness Tool
☐ Other: _____

The assessment must be made available to the public. List the website address or other method that the public can access a copy of this assessment and/or the local wellness policy? www.maddlock.k12.nd.us

Finally, the assessment must indicate if the school/district is in compliance with the local wellness policy and making progress toward goals. Fill the following table with compliance and note any progress.

Nutrition Education Goals

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|--|--------------------------------------|-------------------------------------|-----------|
| 1. Students in grades K-12 receive nutrition education that teaches the skills necessary to adopt healthy eating habits? | <input checked="" type="radio"/> Yes | <input type="radio"/> No | Comments: |
| 2. Students receive consistent nutrition messages throughout the school? | <input type="radio"/> Yes | <input checked="" type="radio"/> No | Comments: |
| 3. District health education curriculum standards and guidelines include both nutrition and physical ed? | <input checked="" type="radio"/> Yes | <input type="radio"/> No | Comments: |

Physical Fitness Goals

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|---|--------------------------------------|--------------------------|-----------|
| 1. Students are given the opportunity for physical activity during the school day in addition to physical education classes, (i.e., daily recess, classroom activities, etc.) | <input checked="" type="radio"/> Yes | <input type="radio"/> No | Comments: |
| 2. Students are given the opportunity for physical activity through a range of before and/or after school programs? | <input checked="" type="radio"/> Yes | <input type="radio"/> No | Comments: |

Nutrition Goals

- | | | | |
|---|--------------------------------------|--------------------------|-----------|
| 1. USDA guidelines set for food and beverages in the food service program are being followed. | <input checked="" type="radio"/> Yes | <input type="radio"/> No | Comments: |
| 2. Guidelines set for food and beverages sold to students outside of the food service program are being followed? | <input checked="" type="radio"/> Yes | <input type="radio"/> No | Comments: |

Other School Based Activities to promote Student Wellness

- | | | | |
|--|--------------------------------------|--------------------------|-----------|
| 1. The school provides a clean and safe environment for students and staff? | <input checked="" type="radio"/> Yes | <input type="radio"/> No | Comments: |
| 2. Students have access to free drinking water throughout the school day? | <input checked="" type="radio"/> Yes | <input type="radio"/> No | Comments: |
| 3. The school district has a health professional or counselor available to students? | <input checked="" type="radio"/> Yes | <input type="radio"/> No | Comments: |